

NATURE MANDALA

A FUN WAY TO FEEL IN TUNE WITH YOUR BODY, MIND AND THE WORLD AROUND YOU.

MATERIALS

ANYTHING YOU FIND IN NATURE, SUCH AS ACORN TOPS, FERNS, PEBBLES, FEATHERS, SEEDS AND FLOWERS.

A MANDALA IS CIRCULAR WITH A SYMMETRICAL PATTERN THAT EMERGES. MARK YOUR CENTER WITH AN OBJECT AND THEN BUILD THE DESIGN IN LAYERS OF CIRCLES USING DIFFERENT MATERIALS. IT CAN BE AS BIG OR AS SMALL AS YOU'D LIKE!



FOREVER CURIOUS
@ HOME

